

**Post International Focusing Conference Workshop:
Relational Wholebody Focusing:
Exploring the Dynamic Relational Field of WE HERE**

Hertfordshire, UK: July 24-26 or 27, 2016

International Trainer:
Karen Whalen, Ph.D (Canada)



Experience the Joy and Vitality of Wholeness of Self in Connection with Another Person:
WE HERE in Wholebody Heartfelt Conversation

Explore the Body's Language of Sensory and Energetic Signals as Doorways into
Conscious Adult Relationship: Wholebody Listening, Resonance, and Dynamic Co-Emergence

Discover a Relational Connection of Mutuality and Healthy Inter-Dependence despite
Differences of Perspective and Life Experience

Unwind from the fullness of the International Cambridge Focusing Conference in this quintessential wholebody way which invites the living animal body to rediscover its own natural connections with the living world body around it.

- This is a wonderful opportunity to experience relational Wholebody Focusing and discover dynamic and safe ways to bring our Focusing practises to everyday relational situations.
- Learn the foundational practice of Relational Wholebody Focusing in the stunning rural setting of Hertfordshire, England, an easy train ride from London or Cambridge.
(<http://www.cct.org.uk/high-leigh/introduction>)
- We provide a unique opportunity for Wholebody Focusers worldwide attending the international conference to meet, exchange and connect with each other
- Program begins with dinner on Sunday July 24 and ends with lunch on July 26 or July 27.
- Sunday evening will be spent relaxing and playfully reconnecting to ourselves and each other.
- We will meet 9:00 am – 12:30 pm on Monday, Tuesday and Wednesday for those staying a third night. Afternoons are yours to rest and experience the beautiful countryside. Optional Wholebody practice and networking available for those interested.

[Deposit: http://goo.gl/HWEkU2](http://goo.gl/HWEkU2)